

## Different Types of Dental Conditions – A Mini Review

Sonu Garg

### ABSTRACT

Dental conditions and diseases can range from mild, reversible problems to complex, costly, irreversible problems for a patient. There are numerous diseases that affect each part of our mouths including our teeth, gums, tongue, and bones. Each condition or disease has its own set of symptoms, causes and treatment. Yet, each one has similar prevention methods to use.

### INTRODUCTION

Prevention is the key to having a healthy mouth. Brushing your teeth, flossing and rinsing are all good ways to prevent dental diseases, but it's more important that you are doing these things correctly. Another major factor in prevention is visiting your dentist at least twice a year. If you are interested in learning more about proper oral hygiene, please visit our general dentistry and dental health care sections.(1,2)

Here's a list of the most common dental conditions and diseases. Please feel free to learn about each one in more depth by clicking on its title.

#### **Abscessed Tooth**

An abscessed tooth is one that is infected in the dental pulp, or the inside of the tooth where the nerves and tissues come together. The number one cause of tooth abscess is tooth decay. Learn more here.

#### **Bad Breath (Halitosis)**

Bad breath is the third leading reason why dental care is sought, behind tooth decay and periodontal disease. Learn what causes bad breath, how to treat and prevent it here.

#### **Diabetes and Dentistry**

Diabetes and oral problems go hand-in-hand. Learn about the different ways diabetes can affect ones oral health and how to prevent oral diseases. Over 400 types of bacteria can live in a human's mouth, making diabetics high risk.

#### **Gingivitis**

Gingivitis is a mild form of gum disease that is reversible if treated early enough. If left untreated, it can develop into a more severe form of gum disease.

#### **Gum Disease (Periodontal Disease)**

Gum disease is the most common term used for periodontal disease however, there are other names referring to gum disease. Learn about the various types of gum disease.

#### **Gum Infection**

Gum infections are treatable issues that occur in and around the gums and on the gum line. Learn about the symptoms, causes and treatment methods, including at-home remedies to fight gum

infections.

### **Meth Mouth**

Not everyone who suffers from meth mouth is a drug abuser. However, meth users did give this rampant tooth decaying condition a name for a reason. Learn more about the symptoms of meth mouth, as well as how meth and oral health relate.(3,4)

### **Oral Cancer**

There are several different types of oral cancers that can affect your speech, eating and chewing techniques. Learn what causes this infectious and rapid-spreading disease.

### **Gum Cancer**

Gum cancer is the cancer within the gums. Learn about this cancer that can potentially spread throughout your body, creating new cancerous tumors as it travels.

### **Oral Herpes**

Oral herpes, commonly known as cold sores or fever blisters, is usually contracted at birth. Although symptoms may subside, the virus never leaves the body. Learn more about the symptoms, causes and treatment options.

### **Oral Thrush**

Thrush is a yeast infection that occurs in the mouth. It mainly happens to infants and older people, but it can occur to anyone at any age. Learn more about the condition and it's symptoms, causes, treatment and prevention.

### **Overbite**

An overbite is a dental condition where the upper teeth extend forward, covering the lower teeth. This is a very common condition that many people don't realize they have because their overbite is not serious enough to seek dental attention.

### **Sleep Apnea**

Sleep apnea is a sleep disorder that affects the way one breathes throughout the night, or during sleeping hours. There are three forms of this disorder and numerous causes and treatments.

### **Teeth Grinding (Bruxism)**

Teeth grinding can affect everyone, ranging from children to seniors. Though studies have been done, no real conclusions have been made about the cause of bruxism. Learn more about the causes, signs, symptoms and treatment of this disease.

### **TMJ**

This disorder affects the temporomandibular joint, or the jaw joint that allows us to eat, talk and speak. Learn more about the causes, symptoms, treatment and when to see the doctor.

### **Tooth Decay**

Worldwide, tooth decay is one of the most common oral health problems. Children are most susceptible to cavities and tooth decay, but it can happen to anyone who has teeth, including infants, adults and seniors.

**Tooth Infection**

Learn about the three types of tooth infections, what the symptoms are of a tooth infection, what causes them and how they are treated.

**Underbite**

An underbite is a dental condition where the lower jaw protrudes up and outward abnormally, partial overlapping with the upper teeth. Underbites are more common among people of Asian descent

**Research Scholar, Department of Biotechnology,  
Mahatma Jyoti Rao Phoole University, Jaipur**

**REFERENCES**

1. Laudembach, JM; Simon, Z (November 2014). "Common Dental and Periodontal Diseases: Evaluation and Management". *The Medical clinics of North America*. **98** (6): 1239–1260. doi:10.1016/j.mcna.2014.08.002. PMID 25443675.
2. "Oral health Fact sheet N°318". who.int. April 2012. Archived from the original on 8 December 2014. Retrieved 10 December 2014.
3. *Taber's cyclopedic medical dictionary* (Ed. 22, illustrated in full color ed.). Philadelphia: F.A. Davis Co. 2013. p. 401. ISBN 9780803639096. Archived from the original on 2015-07-13.
4. SECTION ON ORAL, HEALTH; SECTION ON ORAL, HEALTH (December 2014). "Maintaining and improving the oral health of young children". *Pediatrics*. **134** (6): 1224–9. doi:10.1542/peds.2014-2984. PMID 25422016.